

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ver Heyen Yelth

Coaches: Beyens Sam

Coaches: Luyten Sjobbe HEADCOACH

Coaches: Moors Joren

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 28: 200M BACKSTROKE WOMEN 13+ Heat:1, starttime: 14:00**

**Heat: 1/3 Lane : 4 Athlete: EMBRECHTS OLIVIA Q-time: 99:99:99**

PB (25m pool): no time PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
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Coach feedback:

**Event number: 28: 200M BACKSTROKE WOMEN 13+ Heat:1, starttime: 14:00**

**Heat: 1/3 Lane : 5 Athlete: DIRIX LILY Q-time: 99:99:99**

PB (25m pool): no time PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
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Coach feedback:

**Event number: 28: 200M BACKSTROKE WOMEN 13+ Heat:2, starttime: 14:05**

**Heat: 2/3 Lane : 5 Athlete: GEYPEN WIES Q-time: 02:45:69**

PB (25m pool): 02:45.69 MoI 20/10/2024 PB (50m pool): 02:57.96 SB: no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.16		01:21.06		02:04.40		02:45.69
	00:39.16		00:41.90		00:43.34		00:41.29	
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Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 28: 200M BACKSTROKE WOMEN 13+</b>							<b>Heat:3, starttime: 14:10</b>	
<b>Heat: 3/3 Lane : 3 Athlete: HACHED LINA</b>							<b>Q-time: 02:43:54</b>	
PB (25m pool): 02:43.54 Aarschot 28/04/2024				PB (50m pool): 02:46.22 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		02:43.54
	no time							
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Coach feedback:

<b>Event number: 29: 200M BACKSTROKE MEN 13+</b>							<b>Heat:2, starttime: 14:15</b>	
<b>Heat: 2/2 Lane : 2 Athlete: HUYGENS ARNE</b>							<b>Q-time: 02:29:28</b>	
PB (25m pool): 02:29.28 Mol 25/07/2021				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		02:29.28
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 30: 100M BUTTERFLY WOMEN 13+</b>							<b>Heat:1, starttime: 14:20</b>	
<b>Heat: 1/2 Lane : 2 Athlete: VREYSEN JANA</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>				
PB		no time		no time				
	no time							
	.....	.....	.....	.....				

Coach feedback:

<b>Event number: 30: 100M BUTTERFLY WOMEN 13+</b>							<b>Heat:2, starttime: 14:20</b>	
<b>Heat: 2/2 Lane : 5 Athlete: KEMPS ELIZE</b>							<b>Q-time: 01:10:00</b>	
PB (25m pool): 01:10.22 Heist Op Den Berg 11/01/2025				PB (50m pool): 01:10.00 SB: 01:11.42 Antwerpen 12/10/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>				
PB		00:32.47		01:10.22				
	00:32.47			00:37.75				
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Coach feedback:

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<b>Event number: 31: 100M BUTTERFLY MEN 13+</b>				<b>Heat:1, starttime: 14:25</b>	
<b>Heat: 1/4 Lane : 3 Athlete: GEUDENS THOR</b>				<b>Q-time: 99:99:99</b>	
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 31: 100M BUTTERFLY MEN 13+</b>				<b>Heat:2, starttime: 14:25</b>	
<b>Heat: 2/4 Lane : 2 Athlete: JACOBS JOB</b>				<b>Q-time: 01:36:20</b>	
PB (25m pool): 01:40.00 Heist Op Den Berg 11/01/2025		PB (50m pool): 01:36.20 SB: no time			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:44.78		01:40.00	
	<i>00:44.78</i>		<i>00:55.22</i>		
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Coach feedback:

<b>Event number: 31: 100M BUTTERFLY MEN 13+</b>				<b>Heat:4, starttime: 14:30</b>	
<b>Heat: 4/4 Lane : 3 Athlete: MIHAILESCU STEFAN</b>				<b>Q-time: 01:06:49</b>	
PB (25m pool): 01:06.49 Antwerpen 12/10/2025		PB (50m pool): 01:10.63 SB: 01:06.49 Antwerpen 12/10/2025			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:30.72		01:06.49	
	<i>00:30.72</i>		<i>00:35.77</i>		
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Coach feedback:

<b>Event number: 32: 100M BREASTSTROKE WOMEN 13+</b>				<b>Heat:1, starttime: 14:30</b>	
<b>Heat: 1/2 Lane : 2 Athlete: DIRIX LILY</b>				<b>Q-time: 01:57:42</b>	
PB (25m pool): no time		PB (50m pool): 01:57.42 SB: no time			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 32: 100M BREASTSTROKE WOMEN 13+</b>				<b>Heat:1, starttime: 14:30</b>	
<b>Heat: 1/2 Lane : 3 Athlete: MEEKERS RANIA</b>				<b>Q-time: 01:39:22</b>	
PB (25m pool): 01:39.22 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:39.48 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:39.22	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 33: 100M BREASTSTROKE MEN 13+</b>				<b>Heat:1, starttime: 14:35</b>	
<b>Heat: 1/2 Lane : 5 Athlete: HERMANS PIETER-JAN</b>				<b>Q-time: 01:27:00</b>	
PB (25m pool): 01:27.00 Herentals 17/05/2025 PB (50m pool): 01:29.80 SB: 01:28.77 Nijlen 16/11/2025					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:40.71		01:27.00	
	<i>00:40.71</i>		<i>00:46.29</i>		
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Coach feedback:

<b>Event number: 33: 100M BREASTSTROKE MEN 13+</b>				<b>Heat:2, starttime: 14:40</b>	
<b>Heat: 2/2 Lane : 2 Athlete: HUYSMANS SEPPE</b>				<b>Q-time: 01:21:00</b>	
PB (25m pool): 01:21.00 Herentals 17/05/2025 PB (50m pool): 01:22.38 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:38.59		01:21.00	
	<i>00:38.59</i>		<i>00:42.41</i>		
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Coach feedback:

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:1, starttime: 14:40</b>	
<b>Heat: 1/4 Lane : 3 Athlete: MEEKERS RANIA</b>				<b>Q-time: 99:99:99</b>	
PB (25m pool): no time PB (50m pool): no time SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

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<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:1, starttime: 14:40</b>	
<b>Heat: 1/4 Lane : 5 Athlete: EMBRECHTS OLIVIA</b>				<b>Q-time: 99:99:99</b>	
PB (25m pool): no time		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:3, starttime: 14:45</b>	
<b>Heat: 3/4 Lane : 2 Athlete: HACHED LINA</b>				<b>Q-time: 01:19:20</b>	
PB (25m pool): 01:19.20 Mol 29/12/2024		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.55		01:19.20	
	<i>00:35.55</i>		<i>00:43.65</i>		
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Coach feedback:

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:3, starttime: 14:45</b>	
<b>Heat: 3/4 Lane : 6 Athlete: KEMPS ELIZE</b>				<b>Q-time: 01:17:96</b>	
PB (25m pool): 01:17.96 Heist Op Den Berg 13/01/2024		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:17.96	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 14:45</b>	
<b>Heat: 4/4 Lane : 2 Athlete: SPRANGERS KATO</b>				<b>Q-time: 01:13:95</b>	
PB (25m pool): 01:11.38 Hoogstraten 24/09/2023		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:11.38	
	<i>no time</i>				
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Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 14:45</b>	
<b>Heat: 4/4 Lane : 6 Athlete: VAN BAELEN YENTHE</b>				<b>Q-time: 01:13:51</b>	
PB (25m pool): 01:13.51 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: no time					
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		no time		01:13.51	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 34: 100M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 14:45</b>	
<b>Heat: 4/4 Lane : 7 Athlete: GEYPEN WIES</b>				<b>Q-time: 01:14:29</b>	
PB (25m pool): 01:14.29 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:33.96		01:14.29	
	<i>00:33.96</i>		<i>00:40.33</i>		
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Coach feedback:

<b>Event number: 35: 100M MEDLEY MEN 13+</b>				<b>Heat:1, starttime: 14:50</b>	
<b>Heat: 1/3 Lane : 5 Athlete: HOOYBERGHS MIL</b>				<b>Q-time: 01:31:69</b>	
PB (25m pool): 01:31.69 Mol 29/12/2024 PB (50m pool): no time SB: no time					
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:44.39		01:31.69	
	<i>00:44.39</i>		<i>00:47.30</i>		
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Coach feedback:

<b>Event number: 35: 100M MEDLEY MEN 13+</b>				<b>Heat:2, starttime: 14:50</b>	
<b>Heat: 2/3 Lane : 3 Athlete: MOORS JOREN</b>				<b>Q-time: 01:13:00</b>	
PB (25m pool): no time PB (50m pool): no time SB: no time					
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 36: 100M FREESTYLE WOMEN 13+</b>				<b>Heat:1, starttime: 14:55</b>	
<b>Heat: 1/5 Lane : 4 Athlete: VREYSEN JANA</b>				<b>Q-time: 01:30:27</b>	
PB (25m pool): no time			PB (50m pool): 01:30.27 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 36: 100M FREESTYLE WOMEN 13+</b>				<b>Heat:1, starttime: 14:55</b>	
<b>Heat: 1/5 Lane : 5 Athlete: LIEVENS NONA</b>				<b>Q-time: 01:34:51</b>	
PB (25m pool): 01:36.04 Mol 29/12/2024			PB (50m pool): 01:34.51 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:45.45		01:36.04	
	<i>00:45.45</i>		<i>00:50.59</i>		
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Coach feedback:

<b>Event number: 36: 100M FREESTYLE WOMEN 13+</b>				<b>Heat:4, starttime: 15:00</b>	
<b>Heat: 4/5 Lane : 3 Athlete: BAYGUNES DEFNE</b>				<b>Q-time: 01:04:23</b>	
PB (25m pool): 01:04.23 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 01:06.91 SB: 01:05.28 Nijlen 16/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:30.83		01:04.23	
	<i>00:30.83</i>		<i>00:33.40</i>		
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Coach feedback:

<b>Event number: 36: 100M FREESTYLE WOMEN 13+</b>				<b>Heat:4, starttime: 15:00</b>	
<b>Heat: 4/5 Lane : 4 Athlete: VAN BAELEN YENTHE</b>				<b>Q-time: 01:03:80</b>	
PB (25m pool): 01:03.76 Mol 30/12/2023			PB (50m pool): 01:04.28 SB: 01:03.80 Antwerpen 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:03.76	
	<i>no time</i>				
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Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 37: 100M FREESTYLE MEN 13+</b>				<b>Heat:1, starttime: 15:05</b>	
<b>Heat: 1/5 Lane : 6 Athlete: VAN DEN BROEK LAURENS</b>				<b>Q-time: 01:46:37</b>	
PB (25m pool): 01:46.37 Arendonk 30/11/2025			PB (50m pool): no time SB: 01:46.37 Arendonk 30/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:49.47		01:46.37	
	00:49.47		00:56.90		
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Coach feedback:

<b>Event number: 37: 100M FREESTYLE MEN 13+</b>				<b>Heat:2, starttime: 15:05</b>	
<b>Heat: 2/5 Lane : 3 Athlete: GEUDENS THOR</b>				<b>Q-time: 01:10:66</b>	
PB (25m pool): 01:10.66 Arendonk 30/11/2025			PB (50m pool): no time SB: 01:10.66 Arendonk 30/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.87		01:10.66	
	00:33.87		00:36.79		
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Coach feedback:

<b>Event number: 37: 100M FREESTYLE MEN 13+</b>				<b>Heat:2, starttime: 15:05</b>	
<b>Heat: 2/5 Lane : 7 Athlete: JACOBS JOB</b>				<b>Q-time: 01:12:75</b>	
PB (25m pool): 01:12.75 Nijlen 16/11/2025			PB (50m pool): 01:14.80 SB: 01:12.75 Nijlen 16/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.22		01:12.75	
	00:34.22		00:38.53		
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Coach feedback:

<b>Event number: 37: 100M FREESTYLE MEN 13+</b>				<b>Heat:3, starttime: 15:10</b>	
<b>Heat: 3/5 Lane : 2 Athlete: NIJS LENNERT</b>				<b>Q-time: 01:07:99</b>	
PB (25m pool): 01:07.99 Antwerpen 12/10/2025			PB (50m pool): 01:11.53 SB: 01:07.99 Antwerpen 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.23		01:07.99	
	00:34.23		00:33.76		
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Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 37: 100M FREESTYLE MEN 13+</b>					<b>Heat:3, starttime: 15:10</b>
<b>Heat: 3/5 Lane : 7 Athlete: HERMANS PIETER-JAN</b>					<b>Q-time: 01:08:90</b>
PB (25m pool): 01:09.05 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:08.90 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.82		01:09.05	
		00:32.82		00:36.23	
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Coach feedback:

<b>Event number: 38: 200M BREASTSTROKE WOMEN 13+</b>							<b>Heat:1, starttime: 15:15</b>	
<b>Heat: 1/1 Lane : 2 Athlete: VREYSEN JANA</b>							<b>Q-time: 04:07:01</b>	
PB (25m pool): no time				PB (50m pool): 04:07.01 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
		no time						
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 38: 200M BREASTSTROKE WOMEN 13+</b>							<b>Heat:1, starttime: 15:15</b>	
<b>Heat: 1/1 Lane : 5 Athlete: SPRANGERS KATO</b>							<b>Q-time: 02:58:58</b>	
PB (25m pool): 02:58.58 3500 Hasselt 24/11/2024				PB (50m pool): 03:38.18 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:40.96		01:26.43		02:12.43		02:58.58
		00:40.96		00:45.47		00:46.00		00:46.15
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Coach feedback:

<b>Event number: 38: 200M BREASTSTROKE WOMEN 13+</b>							<b>Heat:1, starttime: 15:15</b>	
<b>Heat: 1/1 Lane : 6 Athlete: KEMPS ELIZE</b>							<b>Q-time: 03:01:96</b>	
PB (25m pool): 03:04.48 Diksmuide 17/11/2024				PB (50m pool): 03:01.96 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:41.43		01:28.82		02:16.75		03:04.48
		00:41.43		00:47.39		00:47.93		00:47.73
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Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Event number: 39: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:20	
Heat: 1/2 Lane : 2 Athlete: VAN DEN BROEK LAURENS							Q-time: 04:12:35	
PB (25m pool): 04:12.35 3500 Hasselt 23/11/2025			PB (50m pool): no time SB: 04:12.35 3500 Hasselt 23/11/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:55.30		02:00.16		03:06.91		04:12.35
	00:55.30		01:04.86		01:06.75		01:05.44	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 39: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:20	
Heat: 1/2 Lane : 3 Athlete: MIHAILESCU STEFAN							Q-time: 03:20:05	
PB (25m pool): 03:20.05 Mol 15/10/2023			PB (50m pool): no time SB: no time					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		03:20.05
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 39: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:20	
Heat: 1/2 Lane : 5 Athlete: HERMANS PIETER-JAN							Q-time: 03:09:59	
PB (25m pool): 03:09.59 3500 Hasselt 23/11/2025			PB (50m pool): no time SB: 03:09.59 3500 Hasselt 23/11/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:41.57		01:29.43		02:19.32		03:09.59
	00:41.57		00:47.86		00:49.89		00:50.27	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 40: 100M BACKSTROKE WOMEN 13+					Heat:1, starttime: 15:25			
Heat: 1/3 Lane : 3 Athlete: LIEVENS NONA					Q-time: 01:42:68			
PB (25m pool): 01:42.68 Heist Op Den Berg 11/01/2025			PB (50m pool): 01:49.68 SB: 01:44.53 Arendonk 30/11/2025					
	25 M	50 M	75 M	100 M				
PB		00:48.40		01:42.68				
	00:48.40		00:54.28					
	.....	.....	.....	.....				

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 40: 100M BACKSTROKE WOMEN 13+</b>				<b>Heat:2, starttime: 15:30</b>	
<b>Heat: 2/3 Lane : 3 Athlete: BAYGUNES DEFNE</b>				<b>Q-time: 01:15:23</b>	
PB (25m pool): 01:15.23 Nijlen 16/11/2025			PB (50m pool): 01:19.06 SB: 01:15.23 Nijlen 16/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.34		01:15.23	
	00:36.34		00:38.89		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 40: 100M BACKSTROKE WOMEN 13+</b>				<b>Heat:2, starttime: 15:30</b>	
<b>Heat: 2/3 Lane : 6 Athlete: HACHED LINA</b>				<b>Q-time: 01:16:42</b>	
PB (25m pool): 01:16.42 Mol 29/12/2024			PB (50m pool): 01:16.95 SB: 01:18.08 Antwerpen 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.29		01:16.42	
	00:37.29		00:39.13		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 40: 100M BACKSTROKE WOMEN 13+</b>				<b>Heat:3, starttime: 15:30</b>	
<b>Heat: 3/3 Lane : 3 Athlete: GEYPEN WIES</b>				<b>Q-time: 01:11:73</b>	
PB (25m pool): 01:11.73 Temse 17/11/2025			PB (50m pool): 01:13.90 SB: 01:11.73 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.16		01:11.73	
	00:35.16		00:36.57		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 41: 100M BACKSTROKE MEN 13+</b>				<b>Heat:1, starttime: 15:35</b>	
<b>Heat: 1/3 Lane : 2 Athlete: HOOYBERGHS MIL</b>				<b>Q-time: 01:36:85</b>	
PB (25m pool): 01:37.22 Mol 29/12/2024			PB (50m pool): 01:36.85 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:47.87		01:37.22	
	00:47.87		00:49.35		
	.....	.....	.....	.....	

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 41: 100M BACKSTROKE MEN 13+</b>				<b>Heat:1, starttime: 15:35</b>	
<b>Heat: 1/3 Lane : 5 Athlete: NIJS LENNERT</b>				<b>Q-time: 01:24:19</b>	
PB (25m pool): 01:24.19 Stedelijk Zwembad Geel 16/02/2025		PB (50m pool): 01:24.33 SB: 01:26.04 Antwerpen 12/10/2025			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.17		01:24.19	
	00:41.17		00:43.02		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 41: 100M BACKSTROKE MEN 13+</b>				<b>Heat:1, starttime: 15:35</b>	
<b>Heat: 1/3 Lane : 7 Athlete: VAN DEN BROEK LAURENS</b>				<b>Q-time: 99:99:99</b>	
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 41: 100M BACKSTROKE MEN 13+</b>				<b>Heat:2, starttime: 15:35</b>	
<b>Heat: 2/3 Lane : 4 Athlete: HUYGENS ARNE</b>				<b>Q-time: 01:11:18</b>	
PB (25m pool): 01:11.18 Mol 25/07/2021		PB (50m pool): 01:14.49 SB: no time			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:11.18	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 41: 100M BACKSTROKE MEN 13+</b>				<b>Heat:3, starttime: 15:40</b>	
<b>Heat: 3/3 Lane : 6 Athlete: HUYSMANS SEPPE</b>				<b>Q-time: 01:06:93</b>	
PB (25m pool): 01:06.93 Antwerpen 12/10/2025		PB (50m pool): 01:09.86 SB: 01:06.93 Antwerpen 12/10/2025			
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.25		01:06.93	
	00:32.25		00:34.68		
	.....	.....	.....	.....	

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 44: 200M FREESTYLE WOMEN 13+</b>							<b>Heat:1, starttime: 15:45</b>	
<b>Heat: 1/5 Lane : 4 Athlete: MEEKERS RANIA</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 44: 200M FREESTYLE WOMEN 13+</b>							<b>Heat:1, starttime: 15:45</b>	
<b>Heat: 1/5 Lane : 5 Athlete: DIRIX LILY</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 44: 200M FREESTYLE WOMEN 13+</b>							<b>Heat:4, starttime: 16:00</b>	
<b>Heat: 4/5 Lane : 3 Athlete: VAN BAELEN YENTHE</b>							<b>Q-time: 02:21:33</b>	
PB (25m pool): 02:21.33 3500 Hasselt 23/11/2025			PB (50m pool): 02:28.70			SB: 02:21.33 3500 Hasselt 23/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:32.70		01:09.18		01:46.00		02:21.33
	00:32.70		00:36.48		00:36.82		00:35.33	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 45: 200M FREESTYLE MEN 13+</b>							<b>Heat:1, starttime: 16:05</b>	
<b>Heat: 1/3 Lane : 5 Athlete: JACOBS JOB</b>							<b>Q-time: 02:30:01</b>	
PB (25m pool): 02:30.01 3500 Hasselt 23/11/2025			PB (50m pool): 02:41.74			SB: 02:30.01 3500 Hasselt 23/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:34.72		01:13.11		01:52.22		02:30.01
	00:34.72		00:38.39		00:39.11		00:37.79	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 45: 200M FREESTYLE MEN 13+</b>							<b>Heat:1, starttime: 16:05</b>	
<b>Heat: 1/3 Lane : 6 Athlete: HOOYBERGHS MIL</b>							<b>Q-time: 03:12:08</b>	
PB (25m pool): 03:12.08 Mol 15/10/2023				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		03:12.08
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 45: 200M FREESTYLE MEN 13+</b>							<b>Heat:3, starttime: 16:10</b>	
<b>Heat: 3/3 Lane : 7 Athlete: HUYGENS ARNE</b>							<b>Q-time: 02:08:02</b>	
PB (25m pool): 02:08.02 Antwerpen 12/10/2025				PB (50m pool): 02:20.66 SB: 02:08.02 Antwerpen 12/10/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:30.74		01:03.20		01:35.90		02:08.02
	<i>00:30.74</i>		<i>00:32.46</i>		<i>00:32.70</i>		<i>00:32.12</i>	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 46: 200M MEDLEY WOMEN 13+</b>							<b>Heat:1, starttime: 16:15</b>	
<b>Heat: 1/3 Lane : 5 Athlete: EMBRECHTS OLIVIA</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 46: 200M MEDLEY WOMEN 13+</b>							<b>Heat:1, starttime: 16:15</b>	
<b>Heat: 1/3 Lane : 6 Athlete: LIEVENS NONA</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 46: 200M MEDLEY WOMEN 13+</b>							<b>Heat:2, starttime: 16:15</b>		
<b>Heat: 2/3 Lane : 2 Athlete: BAYGUNES DEFNE</b>							<b>Q-time: 02:44:78</b>		
PB (25m pool): 02:44.78 Heist Op Den Berg 11/01/2025				PB (50m pool): 02:47.99 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>	
PB		00:33.32		no time		no time		02:44.78	
	00:33.32								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 46: 200M MEDLEY WOMEN 13+</b>							<b>Heat:3, starttime: 16:20</b>		
<b>Heat: 3/3 Lane : 3 Athlete: SPRANGERS KATO</b>							<b>Q-time: 02:32:12</b>		
PB (25m pool): 02:32.12 Purmerend 20/05/2024				PB (50m pool): 02:33.51 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>	
PB		no time		no time		no time		02:32.12	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 47: 200M MEDLEY MEN 13+</b>							<b>Heat:1, starttime: 16:25</b>		
<b>Heat: 1/4 Lane : 3 Athlete: GEUDENS THOR</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time				PB (50m pool): no time SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>	
PB		no time		no time		no time		no time	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 47: 200M MEDLEY MEN 13+</b>							<b>Heat:2, starttime: 16:30</b>		
<b>Heat: 2/4 Lane : 4 Athlete: MIHAILESCU STEFAN</b>							<b>Q-time: 02:48:84</b>		
PB (25m pool): no time				PB (50m pool): 02:48.84 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>	
PB		no time		no time		no time		no time	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

# Laatste kans MOZKA: Session: 2: COACH evaluation sheet for TEAM: MOZKA

<b>Event number: 47: 200M MEDLEY MEN 13+</b>							<b>Heat:2, starttime: 16:30</b>	
<b>Heat: 2/4 Lane : 5 Athlete: NIJS LENNERT</b>							<b>Q-time: 02:58:12</b>	
PB (25m pool): 02:58.12 Antwerpen 12/10/2025			PB (50m pool): no time SB: 02:58.12 Antwerpen 12/10/2025					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:38.09		01:24.00		02:17.84		02:58.12
	00:38.09		00:45.91		00:53.84		00:40.28	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 47: 200M MEDLEY MEN 13+</b>							<b>Heat:3, starttime: 16:30</b>	
<b>Heat: 3/4 Lane : 3 Athlete: HUYSMANS SEPPE</b>							<b>Q-time: 02:35:41</b>	
PB (25m pool): 02:40.40 Mol 29/12/2024			PB (50m pool): 02:35.41 SB: no time					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:36.49		01:15.79		02:03.30		02:40.40
	00:36.49		00:39.30		00:47.51		00:37.10	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: